

Zoe is graduate of the English School Nicosia and after obaining her Physical Education teaching degree from the Gymnastic Academy of Athens, she worked in Public schools for many years. In 1989 she obtained her Master's Degree in 'Sociology of Sport and Sports Management' from the University of Leicester, England.

She was a Physical Education Teacher until 2009 when she became Headmistress at Makedonitissa Gymnasium, until her early retirement. She is member of AIPFE[Association Internationale pour la Promotion des femmes d'Europe], Alkionides, Association fro P.E.Teachers, Gymnastikos Syllogos Pnkypria, Lions Onasagoras[Nicosia] and ESOBGA[Eglish School Boys and Girls Association].

Recently she has been awarded by Engomi Municipality for her athletic career and for what she has offered to Athleticism.